



Your child's needs

- All children and young people should be registered with a doctor.
- All children and young people should have regular dental and eye checks. These are free whilst the child or young person is still at school.
- If your child wears glasses, please ensure they have them with them at all times.
- If your child is taking medication, please inform the school.
- If you are concerned about the health of your child, the School Health Nurse is an invaluable source of information and support.



Contact details

If you have any concerns regarding your child's health or well-being contact us and a member of the School Health Nursing team will return your call.

Worcester

Henwick Halt Medical Centre
01905 681 911

Redditch & Bromsgrove

Crabbs Cross Clinic
01527 488 780
Catshill Clinic
01527 488 321

Malvern, Evesham, Pershore & Droitwich

Droitwich Health Centre
01905 681 034
Pershore Medical Centre
01386 502 013
Evesham Health Centre
01386 502 576

Wyre Forest

Stourport Health Centre
07976 241 418
Kidderminster Health Centre
01562 820 091

If you would like this information in other formats or languages please call 01905 760020 or email communications@worcestershire.nhs.uk

Worcestershire Health and Care **NHS**
NHS TRUST



Worcestershire School Health Nursing Service

A guide for parents and carers

1st/Primary school

www.worcestershirehealth.nhs.uk

Who we are

The School Health Service is delivered by teams of School Health Nurses. They are registered nurses who have undertaken specialist training in public health for children, young people and families. They are supported by Health Care Assistants who are trained to support the delivery of services under the supervision of the School Health Nurse. Together we work with local communities, families and individual children in different settings; homes, Early Help, schools and GP surgeries to provide an essential link between school, home and community that promotes the safeguarding and wellbeing of children and young people in the following ways:

- Home Visits
- National Child Measurement Programme
- Hearing Screening
- Health needs assessments
- Bed wetting (enuresis) clinics
- Child Protection
- Liaison and referral
- Health promotion, education and training
- Signpost to other services

School Health Nurses liaise with other agencies to identify any health and development concerns and may contact you to discuss these further. The School Health Nurse can refer to other health professionals and agencies as necessary. These may include:

- Health Visitors
- GPs
- Teachers
- Social Workers
- Early Help
- CAMHS

At entry to school the School Health Nurse will review your child's health needs as per Healthy Child Programme (5-19).

As part of this process the School Health Service will offer your child in school :

- hearing screening
- a height and weight check
- An opportunity to speak to the School Health Nurse if you have any concerns



What your local service provides

Community (Your neighbourhood)

School Health Nurses lead in ensuring that you know what services are available to you within the community and that they are accessible to everyone.

Universal Service (Offered to every family)

School Health Nurses lead and deliver the healthy child programme to ensure a healthy start for every child. This includes promoting positive physical and mental health, supporting parents and assessing the health and development of children and young people.

Universal Plus (Further support for families)

School Health Nurses are able to support parents, children, young people and families when they need extra help. Some examples include support with specific parenting issues, enuresis, emotional difficulties and bullying.

Universal Partnership Plus (Families who need additional support)

School Health Nurses are able to provide on-going support, with extra assistance from a range of local services working together with the family to deal with more complex issues over a period of time. Some examples include special educational needs, drug and alcohol misuse, child and adolescent mental health services, looked after children and young carers. School Health Nurses work with other agencies together to protect and ensure children are safe.

Dental health

We recommend that before your child starts school you register them at your local dentist. Your dentist can help you and your child achieve good dental hygiene. It's never too early to start your child on the right path.

Regular teeth-cleaning routine is essential and annual check ups with a dentist are essential for good dental health. It's important to use a fluoride paste as this helps prevent and control tooth decay.

If your child is not currently registered with a dentist then please ring the NHS on 111 on or on the internet at:

www.nhs.uk/NHSEngland/AboutNHSservices/dentists/Pages/find-an-NHS-dentist.aspx

Immunisations

It is important that children receive their pre-school immunisations to give them the best protection against serious childhood diseases.

If your child has missed any immunisations you can ask your surgery or clinic about catch up doses.



You can contact us by phone or your school can pass on messages or supply telephone numbers.

All consultations with us are treated in confidence unless you give us consent to share with schools.